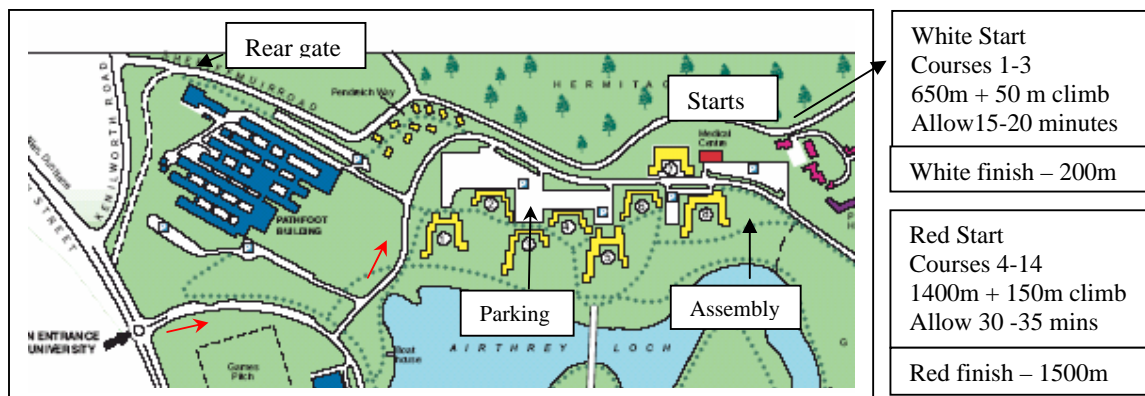




Scottish O League 6: Dumyat: 30th September 2007: Final Details

Directions and Parking

From the M9, junction 11, take the road signed to Bridge of Allan. Drive straight through the village and after approx 2.5 miles (from the motorway) turn left into Stirling University main entrance at [NS802967](#). Follow signs to parking, and park as directed. No dogs are permitted in the University grounds. Competitors with dogs can park in Kennilworth Road to the west of the university.



Assembly

Assembly is adjacent to parking (100-200m) and contains enquires, registration for entry on the day, download and results. Registration will be open from 10:00 – 12:30.

Entry on the day is available for White, Yellow, Orange, Light Green and Red Colour Coded courses at a cost of £6 senior and £3 Junior. Limited EOD is available for SOL courses at £11 senior and £5 junior.

Competitors hiring SI cards should collect these from registration, and anyone with money to pay should also do this at registration.

Competitors on courses 1-2 should collect their maps from registration. Control descriptions for courses 1-3 and 6 will also be available from Registration.

There will be a string course adjacent to assembly, open from 10:00 - 2:00.

Start & Finish

There are 2 starts and 2 finishes, in order to make best use of the terrain and to minimise climb on the courses. Distances to these are as shown above. Starts are from 11:00 – 13:00. Call up is at -3 minutes

Both starts leave from North of Assembly and follow the same route until just before the White start.

The Red start is close to the Red finish and there will be a clothing dump just before this start.

The Red start is close to the top of a dangerous crag. If any parents have young children with them at the start, the children must be closely supervised.

SI clear station and loose copies of control description will be at both starts. Control descriptions for courses 1-3 and 6 will be written. All other courses will use pictorial descriptions

Finishes will not be manned and maps will not be collected. In the interests of fair competition, competitors are requested not to show their map to runners who have not yet started.

The Red finish is above a dangerous crag. The route back to the clothing dump will be marked and should be followed.

Water will be available at the White finish and at a short distance from the Red finish en-route back to assembly. Courses close at 15:30

Download /Sport ident

Sport ident punching is being used. It is the competitor's responsibility to ensure that their card registers when punching at a control; and if in doubt should punch their map with the pin punch.

It will be a timed start, and all competitors must start at their allotted time. They must also report to download after they have finished; and those with hired SI cards must return them when they download.

Results will be displayed in the Assembly Area; and on the FVO website after the event

Terrain & Map

Dumyat is a mixture of open, grazed moorland and steep woodland. The moorland is technical in places with a range of rock features. Most of it is grazed grassland that offers fast running. Some patches of heather are slower but still runnable. Bracken affects some of the steeper lower slopes, but courses have been planned to avoid nearly all of the bracken areas. All courses also visit an area of mixed woodland with some rock detail and an abundance of paths. Courses 1-3 do not visit the moor and are located entirely within the woodland. Fences may be crossed anywhere – please do so carefully and report any damage at Download. Walls must only be crossed at marked crossing points.

Map Surveyed by Stirling Surveys and SutMap 2002. Minor updates summer 2007. Courses 4-14 will be at a scale of 1:10,000, but in parts of the woodland used by courses 1-3 the map is hard to read at 1:10000, so these courses will use a map at 1:5000 scale.

Maps will be printed on waterproof paper and unbagged. Control description will be printed on the map

Courses (1-3 from White start, 4-14 from Red start)

Course	Classes	Length	Climb
1	JM1 JW1 White	1.2	50
2	JM2 JW2 Yellow	2.2	70
3	JM3 JW3 Orange	2.2	100
4	JM4 JW4 Light Green	2.6	120
6	Red	4.5	240
7	M70S M75S W50S W55S W60S W65S W70S W75S W75L	3.1	185
8	M60S M65S M75L W45S W65L W70L	3.5	200
9	JM5S M55S M70L JW5S W35S W40S W55L W60L	3.9	220
10	M45S M50S M65L W21S W45L W50L	4.5	320
11	JM5M M35S M40S M55L M60L JW5L W35L W40L	5.8	300
12	JM5L M21S M45L M50L W21L	7.1	350
13	M35L M40L	8.5	360
14	M21L	10.1	385

Safety

In fine weather, the terrain offers excellent visibility and views over Stirling and the Forth Valley. On a clear day you can see from Ben Lomond to Edinburgh. In poor weather the terrain for courses 4-14 is exposed and cagoules will be compulsory. Competitors are also advised to carry whistles.

There are also several dangerous crags which are clearly visible in good weather and which the courses do not approach. Care should be taken in poor visibility to avoid these crags. The top of the dangerous crag at the start will be taped off.

St Andrews Ambulance will be in attendance

Competitors take part at their own risk and are responsible for their own safety

Public

Dumyat is a popular area with walkers and families. Please be courteous when passing non-orienteers.

Dumyat at night!

For a real test, come and re-run part of your course during the FVO night series this autumn. Two courses will be on offer, based on courses 8 & 11, with SI punching. Look out for details on www.fvo.org

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