

Touch 13th May		
JM1, JW1, White		
Course 1	1.3 km	10m
▷		Path
1	130	Path Junction
2	132	Path Junction
3	106	Hill, Northeast side
4	109	Path Junction
5	108	Thicket, Northeast side
6	107	Path Junction
7	105	Stone wall, East End
Follow Tapes to Next Control		
8	104	Fence, East corner
○-----65 m ---->◎		

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Touch 13th May		
M45S, M50S, M65L, W21S, W35S, W45L, W50L		
Course 10	4.7 km	170m
▷		Path
1	144	1m
2	161	
3	169	
4	170	
5	171	
6	167	
7	139	
8	136	
9	128	
10	127	4m
11	126	
12	116	
13	112	
14	118	
15	102	2m
16	100	
○-----175 m ---->◎		

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Touch 13th May		
JM5M, JW5L, M35S, M40S, M55L, M60L, W35L, W40L		
Course 11	5.6 km	175m
▷		Path
1	143	
2	144	1m
3	161	
4	162	
5	169	
6	170	
7	171	
8	168	1.5m
9	167	
10	139	
11	137	
12	133	
13	134	
14	116	
15	128	
16	126	
17	112	
18	120	
19	118	
20	102	2m
21	100	
○-----175 m ---->◎		

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Touch 13th May		
JM5L, M21S, M45L, M50L		
Course 12	6.9 km	195m
▷		Path
1	145	1/3m
2	161	
3	162	
4	169	
5	173	
6	175	
7	174	
8	171	
9	140	
10	139	
11	138	
12	136	
13	128	
14	112	
15	114	2m
16	116	
17	126	
18	120	
19	102	2m
20	100	
○-----175 m ---->◎		

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Touch 13th May		
JM3, JW3, Orange		
Course 3	1.6 km	45m
▷		Path
1	131	Path Junction
2	129	Pond, Southeast side
3	125	Watercourse Junction
4	121	Marsh, South part
5	111	Cliff 1.5m, Foot
6	110	Re-entrant
7	101	Southwestern Cliff 1.5m, East foot
8	100	Crossing point
○-----175 m ---->◎		

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Touch 13th May				
W21L				
Course 12A		6.9 km	195m	
▷		↘		<
1	145	▲	1/3m	○
2	161	∩		
3	162	≡		
4	169	∩		
5	173	○○		≡
6	175	≡		
7	174	○		○
8	171	∩		
9	140	○		○
10	139	∩		
11	138	↗ ∩		≡
12	136	○○		≡
13	128	○○		≡
14	112	○		○
15	114	≡	2m	⊥
16	116	∩		≡
17	126	○		○
18	120	○		○
19	102	↘ ≡	2m	⊥
20	100	≡		
○-----175 m----->◎				

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Touch 13th May				
M35L, M40L				
Course 13		8.7 km	220m	
▷		↘		<
1	144	▲	1m	○
2	145	▲	1/3m	○
3	161	∩		
4	162	≡		
5	163	○		○
6	165	○		○
7	166	○○		≡
8	164	○		○
9	175	≡		
10	172	≡	2m	⊥
11	173	○○		≡
12	169	∩		
13	171	∩		
14	174	○		○
15	141	⊙		
16	140	○		○
17	139	∩		
18	137	↘ ≡		⊥
19	133	↘		○
20	134	○		○
21	114	≡	2m	⊥
22	126	○		○
23	128	○○		≡
24	116	∩		≡
25	120	○		○
26	118	∩		≡
27	102	↘ ≡	2m	⊥
28	100	≡		
○-----175 m----->◎				

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Touch 13th May				
M21L				
Course 14		9.8 km	310m	
▷		↘		<
1	117	≡	4m	⊥
2	112	○		○
3	114	≡	2m	⊥
4	133	↘		○
5	142	∩		
○< > >○				
6	143	○		○
7	145	▲	1/3m	○
8	161	∩		
9	162	≡		
10	163	○		○
11	165	○		○
12	166	○○		≡
13	164	○		○
14	175	≡		
15	172	≡	2m	⊥
16	170	∩		
17	168	≡	1.5m	⊥
18	174	○		○
19	141	⊙		
20	139	∩		
21	138	↗ ∩		≡
22	136	○○		≡
23	128	○○		≡
24	115	→ ≡	3m	⊥
25	118	∩		≡
26	102	↘ ≡	2m	⊥
27	100	≡		
○-----175 m----->◎				

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Touch 13th May		
JM2, JW2, Yellow		
Course 2	1.4 km	40m
▷		Path
1	130	Path Junction
2	131	Path Junction
3	129	Pond, Southeast side
Follow Tapes to Next Control		
4	124	Watercourse Junction
5	123	Stone wall
6	122	Stone wall Junction
7	146	Stone wall Crossing point
8	119	Hill, South side
Follow Tapes to Next Control		
9	103	Crossing point
10	100	Crossing point
○-----175 m ---->◎		

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Touch 13th May		
JM4, JW4, Light Green		
Course 4	2.0 km	55m
▷		Path
1	122	Stone wall Junction
2	117	Cliff 4m, Foot
3	129	Pond, Southeast side
4	127	Eastern Cliff 4m, Foot
5	121	Marsh, South part
6	113	Marsh Watercourse Junction
7	111	Cliff 1.5m, Foot
8	110	Re-entrant
9	101	Southwestern Cliff 1.5m, East foot
10	100	Crossing point
○-----175 m ---->◎		

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Touch 13th May		
M70S, M75S+, W45S, W50S, W55S, W60S+, W75L+		
Course 7	1.9 km	65m
▷		/
1	117	⌌ 4m ⌋
2	116	⌌
3	128	○ ○ ⌌
4	127	→ ⌌ 4m ⌋
5	112	○ ○
6	118	⌌
7	102	↙ ⌌ 2m ⌋
8	100	⌌
○-----175 m ---->◎		

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Touch 13th May		
M60S, M65S, M75L+, W65L, W70L		
Course 8	2.5 km	85m
▷		/
1	112	○ ○
2	114	⌌ 2m ⌋
3	115	→ ⌌ 3m ⌋
4	127	→ ⌌ 4m ⌋
5	128	○ ○ ⌌
6	116	⌌
7	120	○ ○
8	118	⌌
9	102	↙ ⌌ 2m ⌋
10	100	⌌
○-----175 m ---->◎		

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Touch 13th May		
JM5S, JW5S, M55S, M70L, W40S, W55L, W60L		
Course 9	2.7 km	60m
▷		/
1	112	○ ○
2	114	⌌ 2m ⌋
3	135	○ ○
4	126	○ ○
5	127	→ ⌌ 4m ⌋
6	128	○ ○ ⌌
7	120	○ ○
8	118	⌌
9	102	↙ ⌌ 2m ⌋
10	100	⌌
○-----175 m ---->◎		

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