



SOA Newsletter 5 (08) – August

Courses – dates for your diary

- Introduction to Orienteering 16-17 August – course for adults to be held at Glenmore Lodge – few places available
- Grade 3 Controllers' course 30 August – North Kessock, Inverness – course full
- Condes Workshop 4 October – Edinburgh*
- UKCC Level 1 Coach Course – 18-20 October Glenmore Lodge
- OCAD 2-day course 29-30 November – Edinburgh – now taking bookings

Except for the course asterisked, please use the form on NatCen website to book your place on these courses:

<http://www.scottish-orienteering.org/documents/natcen/natcen-booking-form.doc>

*For the Condes Workshop, please contact ESOC to book your place:

B.Bate@napier.ac.uk

Regular Orienteering Map Programme (formerly map of the month)

- Alvie until 18 October
- Uath Lochan until 18 October

Availability of both areas has been extended by popular demand. Some controls have been/will be moved at the end of July and August respectively.

Autumn training bonanza

From 13 September to 18 October, controls will be out in 5 areas, giving training for TD3 upwards. More information:

<http://www.scottish-orienteering.org/index/natcen/page/autumn-training-bonanza/>

Compiled by

Hilary Quick

hilary@scottish-orienteering.org

National Orienteering Centre, Glenmore Lodge, Aviemore PH22 1QU, tel. 01479 861374

mob. 07974 107139