

Forth Valley Orienteers
SOUL6 - FVO Urban Race
Saturday 20th October - Dunblane
Event Details



Travel/Parking

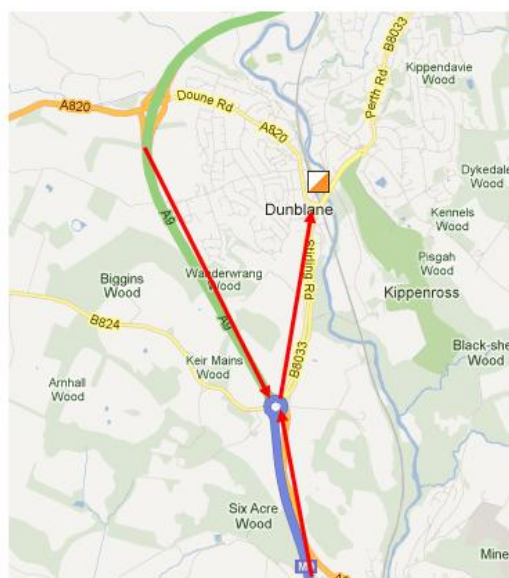
Registration will be located in Victoria Halls in the centre of Dunblane (grid reference NN 782009).

Approach to the centre of Dunblane should be from the South via the roundabout at the end of the M9 and then along the B8033. This will minimise the traffic crossing the courses. There is a one way system on small streets through the very centre which is best avoided.

Parking is recommended on the B8033 in the centre of Dunblane or in the streets to the east or west of the city centre. There will be no signs or marshals for parking. Please avoid parking in the Tesco car park and Dunblane Golf Club.

There will be signs to registration from the B8033. **Do not** attempt to drive to registration as this located on a congested one way system.

Dunblane station is about 100m from registration. Arrival by public transport would reduce pressure on parking.



Approach to Dunblane



Parking areas in order of preference
+ walking route to registration

Starts/Finish

There are roads to cross between start/finish and registration/download. The start and finish are at different locations. Routes from registration will be taped. Clothing may be left at the finish or at registration.

Start 400m from registration.
Finish 400m from registration.

Punching starts - no allocated start times
The string course is at the finish area

Timing

Registration:	11:30 am	1:30 pm
Starts:	12 noon	2:00 pm
Course closure:		3:30 pm

Prize giving:	Sunday	2:00pm at Clyde SOL2 Aberfoyle
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Registration/Assembly

Registration will be indoors in the Victoria Halls. Please remove muddy shoes

Toilets will be available.

We will sell tea and coffee at registration. There are also a number of pubs/cafes close by.



Entry Fees

Senior	£8
Junior/Students	£3.50
EOD (Seniors)	+ £2
EOD (Junior)	+ 50p
Senior Non-BOF	+ £2

Please enter on line at <http://oentries.com> to facilitate organisation.

Entry on Day whilst maps last.

Courses

Course	Classes - Men	Classes - Women	Distance	Controls	% on hard surfaces
1	Mens Open (M18-35)		7.4k	30	70
2	Veteran Men (M40+)	Womens Open (W18-35)	6.4k	30	70
3	Super Veteran Men (M55+)	Veteran Women (W40+)	5.7k	23	70
4	Ultra Veteran Men (M65+)	Super Veteran Women (W55+)	4.4k	21	70
5		Ultra Veteran Women (W65+)	3.2k	21	80
6	Junior Men (M16-)	Junior Women (W16-)	3.7k	20	30
7	Young Junior Men (M12-)	Young Junior Women (W12-)	2.2k	16	20

(Details may change slightly prior to the event)

Maps will be available at the start.

A short string course will also be provided adjacent to the finish area (signed from registration)

Map and Terrain

Dunblane is a small cathedral city with 9,000 inhabitants. Surrounding the old centre are new housing estates separated by areas of open space - giving a variety of challenges for the urban orienteer.

Scale 1:4,000 with 5m contours. The map has been newly updated by Marcus Pinker for the event.

All courses are on A3 size paper. Courses 1-3 are printed on both sides and must be turned twice.

Control descriptions are overprinted on the map and loose in the start lanes.

Controls will be SI boxes and kites secured using wire. The control codes will only be numbered on the SI unit. There will be no pin punches.

Courses 1-5 are predominantly on hard surfaces, but will also encounter small paths which are often muddy. Trail (rather than road) shoes are the most appropriate footwear. All courses cross paved areas, so metal spikes should not be worn.

Courses 6 and 7 visit the Laigh Hills - an area of parkland, with numerous small paths, some contour detail and a variety of vegetation. They also have a short section of (quiet cul de sac) road near the finish.

Safety / Out of Bounds

You participate in this event at your own risk. Take great care crossing roads and car parks, and be considerate to shoppers, other pedestrians, cyclists, dog walkers etc.

The standard red hatch and red cross overprints have been used to show out of bounds areas. The railway and River Allan should only be crossed using bridges and underpasses. Some other areas, such as football pitches, are marked as out of bounds and should not be crossed even if no football is being played. You are also forbidden to cross the following: buildings (dark grey), private gardens / ground (olive green) and boundaries marked with a thick black line.

Out of bounds areas will be marshalled. Competitors may be disqualified if seen in these areas.

Competitors coming into the finish should take care to avoid young orienteers on the string course.

Officials

Organiser	Rupert Parkinson - rupert.parkinson@btinternet.com
Planners	Martin and Hazel Dean
Controller	Trevor Hoey
Website	www.fvo.org.uk/events/