**Colzium Estate – Wednesday Evening Event**

**01/06/2022 Final Details**

**Covid Safe Orienteering:** Please be aware of the relevant guidance and code of conduct (see https://www.britishorienteering.org.uk/COVID19\_Safe\_Orienteering). By taking part you agree to adhere to the Code of Conduct.

**Parking/registration:** Beside the small lochan on the left as you enter the Colzium Lennox Estate, Kilsyth. G65 0PY. GR731784. Enter the estate and then turn left after around 200m along a track and the lochan is straight ahead. If required there is further parking towards Colzium House, if you follow the road straight ahead rather than turn left. Registration is in the car park.

Please note that Colzium Estate is open to the public, so please park considerately.

**Toilets:** Public toilets will be closed by the time the event starts so please go before you come!

**Start/Finish:** Both are adjacent to the car park at the western end of the lochan.

**Terrain:** A typical country park environment, with blocks of mainly runnable woodland and a good network of paths, separated by estate tracks and roads. There is one area of denser woodland that is only used on the Green course.

**Map:** 1:7500 5m contour interval.

**Control Descriptions:** These are printed on the front of the map. There are no loose descriptions at the event, however they are attached to these details for you to print off and bring with you.

**Start Times:** Available on FVO website (<https://fvo.eu.pythonanywhere.com>)

**Timing:** SPORTIdent will be used. Touch free punching will be activated but

all dibbers must be dibbed manually at the start and finish.

**Courses:**

Green: 5.4km 150m

Orange: 2.6km 60m

Yellow: 1.6km 40m

**Courses Close:** 20:00 All participants MUST report to the finish by this time.

**Safety Info:** Colzium Lennox Estate is open to the public and popular for visitors and dog walkers, so please be considerate to other users of the estate.

The road which accesses the car park will be crossed by the Orange and Green

Courses and the road up towards Colzium house is a route choice for all courses, so please take care to avoid any traffic using the estate roads.

The Green course will pass through a denser area of woodland and also has to climb a locked metal gate, so please take care.

Participants take part at their own risk: Any participants with relevant pre-existing medical conditions which might affect their participation should disclose them to the race organisers before they start.

**Contact:** Please contact Rhys Stanwix at rhys.stanwix@hotmail.com if you

have any questions.

I hope you all enjoy the evening’s orienteering!

Rhys Stanwix

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