| Bo＇ness |  |  |  |
| :---: | :---: | :---: | :---: |
| 2 （Blue） |  | 2.7 km | 74 m |
| D |  | －1 | $\nearrow$ |
| 1 | 201 | ， $0^{5}$ | $\searrow$ |
| 2 | 204 | $\cdots$ | $\bigcirc$ |
| 3 | 203 | 4 | O |
| 4 | 183 | 1 | $\rightarrow$ |
| 5 | 189 | ， | T |
| 6 | 212 | ，＇，$⿻ 上 丨^{\prime \prime}$ |  |
| 7 | 186 | ，＇，${ }^{\prime}$ |  |
| 8 | 196 | $\Delta$ |  |
| 9 | 190 | 人 | Y |
| 10 | 200 | ， | $\nearrow$ |
| 11 | 208 | － | $\rangle$ |
| 12 | 209 | 5 | I．I |
| 13 | 193 | 4 | O |
| 14 | 197 | $\square$ | $Y$ |
| 15 | 205 | ${ }^{5}$ | I．I |
| 16 | 187 | Q | O． |
| Navigate to finish |  |  |  |
|  | O＜ | 55 m | ＞0 |
| Coures Close 16：00 |  |  |  |

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Bo＇ness new start

| Bo＇ness |  |  |  |
| :---: | :---: | :---: | :---: |
| 4 （Lt Grn） |  | 1.9 km | 47 m |
| D |  | －1 | $\nearrow$ |
| 1 | 203 | 4 | O |
| 2 | 202 | $\mathrm{s}^{5}$ | ${ }^{\circ}$ |
| 3 | 204 | $\cdots$ | $\bigcirc$ |
| 4 | 185 | ，＇，${ }^{\prime}$ Y |  |
| 5 | 190 | 小＜ | $\bigcirc$ |
| 6 | 193 | $\Delta$ | ． |
| 7 | 200 | ， | $\lambda$ |
| 8 | 208 | －1 | $\rangle$ |
| 9 | 209 | ${ }^{5}$ | I．I |
| 10 | 197 | $\square$ | $\checkmark$ |
|  | 187 | $\otimes$ | O－ |
| Navigate to finish |  |  |  |
|  | O＜ | 55 m | ＞0 |

Coures Close 16：00

| Bo＇ness |  |  |  |
| :---: | :---: | :---: | :---: |
| 3 （Green） |  | 2.4 km | 67 m |
| D |  | 1 | $\nearrow$ |
| 1 | 191 \} | 4 | － |
| 2 | 204 | \％ | $\bigcirc$ |
| 3 | 203 | 4 | O |
| 4 | 202 | 5 | 1 |
| 5 | 182 | 4 | $\bigcirc$ |
| 6 | 183 | － | $\square$ |
| 7 | 189 | \％ | T |
| 8 | 212 | ，＇，$\prime^{\prime}$ Y |  |
| 9 | 196 | $\Delta$ |  |
| 10 | $181 \leftarrow$ | 4 |  |
| 11 | 200 | \％ | $\nearrow$ |
|  |  | － | $\bigcirc$ |
|  |  | $\square$ | $Y$ |
|  |  | ${ }^{5}$ | I．I |
|  |  | $\otimes$ | $\bigcirc$ |
| Navigate to finish |  |  |  |
|  | O＜ | 55 m | ＞0 |
| Coures Close 16：00 |  |  |  |

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| Bo＇ness |  |  |  |
| :---: | :---: | :---: | :---: |
| 5 （Orange） |  | 1.6 km | 57 m |
| － |  | Fence，Northeast End |  |
| 1 | 199 Sta | Stairway，Upper pat |  |
| 2 | 203 Pro | Prominent tre，South side |  |
| 3 | 195 Th | Thicket，Southeast edge |  |
| 4 | 182 Brit | Bridge，Northeast side |  |
| 5 | 183 Fe | Fence，East End |  |
| 6 | 188 Fen | Fence Bend，Southeast corner |  |
| 7 | 184 Pa | Path，North End |  |
| 8 | 207 Sou | Southeastern Prominent tree， Southwest side |  |
| 9 | 193 Pro | Prominent tree，Southwest side |  |
| 10 | 211 Fe | Fence Bend，Southeast side |  |
|  |  | Path Bend |  |
|  |  | Northern Wall Bend，South <br> corne |  |
| 13 |  | Path Path Junction |  |
| Navigate to Finish |  |  |  |
|  | O＜ | 70 m | ＞0） |
| Coures Close 16：00 |  |  |  |

Coures Close 16：00

| Bo＇ness |  |  |  |
| :---: | :---: | :---: | :---: |
| 6 （Yellow） |  | 1.2 km | 51 m |
| － |  | Fence，Northeast End |  |
| 1 | 195 Thi | Thicket，Southeast edge |  |
| 2 | 198 Cros | Crossing point |  |
| 3 | 185 Pa | Path Path Junction |  |
| 4 | Bridge，Northeast side |  |  |
| 5 | 183 Fer | Fence，East End |  |
| 6 | 188 Fenc | Fence Bend，Southeast corner |  |
| 7 | 212 Pa | Path Path Junction |  |
| 8 | 184 Pa | Path，North End |  |
| 9 | 206 Pa | Path Bend |  |
| 10 | $210{ }_{\text {cor }}^{\text {Nor }}$ | Northern Wall Bend，South corner |  |
| 11 |  | Path Path Junction |  |
| Navigate to Finish |  |  |  |
|  | O＜ | 70 m | ＞0 |
| Coures Close 16：00 |  |  |  |

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