

# Forth Valley Orienteers, 2022 Annual Report and Accounts

## 1. Presidents Report

### 1.1. 2022 – A full year!

2022 was the first year since 2019 when orienteering has been able to go ahead on a fairly 'normal' basis throughout the full year - and what a full and busy twelve months it was!



During the year we staged an average of more than one event per week ourselves, as well as strong FVO representation at all sorts of other events both at home and abroad. It has been great to see so many people coming along to our events, as well as so many of you getting involved in staging events or helping the club in other ways. Thank you all for everything you have done to support the club and the sport during 2022, I hope you have found it rewarding to see the enjoyment you have enabled for others. It is fantastic too that we have seen so many newcomers come along to try the sport, and to see some of those become enthused by our sport!

The local events programme has been such a success in no small part thanks to the work Chris Smithard has done as our Fixtures Co-ordinator, along with Lewis Taylor, Steve Scott, and Cathy Tilbrook as supremos for the night/WEE/sprint series respectively. Securing permissions and access seems to get a little more difficult every year, and we are hugely appreciative of all the effort Josie Stansfield puts in to do that for us. Many people from the club (see appendices 2 &3) organised events for us in 2022, but pride of place for the year goes to Steve Scott and his readiness to step up, eight events put on by one person in a year (and a hand lent at many more) is a big contribution! Steve filled in at short notice a couple of times to salvage events that would otherwise have been cancelled, and similarly our Development Officer Kieran Watts filled in where needed as well as being ever ready to provide support to other planners and organisers that needed it.

Kieran's contribution as Development Officer during the year was much appreciated, and we were very sorry to lose him to a new role at the end of December (although we are delighted that he will be remaining an FVO member). He made excellent progress with some of the key aspects of the role, and we are actively seeking a replacement to further build upon his work. We are advertising the role at present so please let me know if you are interested or know someone who might be!

As well as Kieran's work as Development Officer, your committee and many other club members have been working hard on the different aspects that we track within our Strategic Plan. You can see more on the progress here in the Appendices, in particular Appendix 5 reports the latest progress against all the targets in the plan (which runs to 2024). I would like to make special mention here of Holly Stodgell, who has put in a lot of time and effort since arriving at Stirling University, and has now succeeded in re-establishing an orienteering club there. We have loaned the university club our

Callendar Park map for them to stage an event on 5<sup>th</sup> February to help them raise some club funds, and we wish them well at the British University Championships in March.

We continue with the aim of providing training and coaching opportunities for club members of all levels of experience. We held a training weekend at Kinraig in Speyside in October (with another scheduled for the Lake District in early March), and the Scottish West Area (SWAT) sessions continue to cater for adults as well as for juniors. We are fortunate to have so many qualified coaches in the club (including some who qualified this year!) and we are very grateful to them for all their efforts in working with others, from formal training occasions through to more informal shadowing arrangements and 'car park' advice! The FVO 'Junior Stars' has restarted for 2023 and is already oversubscribed so our junior team is looking good for the future!

Within the reporting in Appendix 5, you will see that we are generally well on track against our 2024 targets. However the eagle-eyed amongst you may see one small correction in the approach to reporting – we have updated things to align with the agreed measure for 'participation at regional events', and it now covers the SOL&SOUL series rather than SOLs only.

In terms of competition achievements from 2022 I can only repeat what I said last year, that whilst some of the headline successes are reflected in Appendix 1, in many ways this just scratches the surface – well done all! From a team perspective the highlights were multiple winning teams at all of the British Relays (including defending our Men's Open title), JK Relays, and British Sprint Relays, alongside a team performance to be proud of at the Compass Sport Cup Final (a close second behind a new record score). We believe our British Sprint Relay winners contained the youngest athlete (W14 Scarlett Kelly) ever to win an open class at a GB championship or JK – taking the record from one of her team-mates that day (Grace Molloy who won the Women's Open at JK Relay as a W16). And particularly pleasing too – as well as very well deserved - was our junior team ending years of MAROC dominance with an impressive win in the Jamie Stevenson Trophy, nice work!



Individually there were swathes of medal and title winning performances, but in amongst them I was privileged to be in Denmark and witness in person perhaps the most notable of all, as Kris Jones played a key role in the GB team which took the silver medal in the Mixed Sprint Relay on the opening day of the World Championships. The GB team was very impressive all week and confidence and momentum are high for when the next Sprint World Championships come to Edinburgh in July 2024, make sure you have it in your diary!

One disappointment this year was that (despite a lot of effort from Trevor Hoey after wind damage made the original area and reserve area both unusable), we were unable to source a venue to stage the Harvester Trophy relays as intended. But despite this, we more than did our bit with putting on some of the larger events in the calendar, staging the Scottish round of the Compass Sport Cup in March (thanks to planner/organiser Vicky Thornton/John Heaton) and then the final of the competition itself in October (thanks Mark Wood and Neil Polwart, very grateful to you for volunteering for the major roles on one of the largest British events of the year). As part of the Compass Sport Cup Final weekend, we (with organiser Marie Claire Shankland, and yours truly as planner!) staged a well-attended Stirling City Race the previous day, on a newly extended map of Bridge of Allan.

## 1.2. 2023: Looking Forward

The calendar is just as full for 2023! We have a number of exciting events in Scotland, not least in the build up to next year's World Championships (WOC). The club is staging the British University Championships in March, combined with the Scottish Middle Distance Championships, and then in May we are one of the two lead clubs as West Area organises the Scottish Individual Championships near Oban.

As it is an 'odd number' year, that means the Scottish 6-Days, this time up in Moray. The 'FVO day' is Day 2, at the beautiful Darnaway Forest, and I hope we will as ever have a huge FVO turnout for the day and for the whole week!

Once we get to autumn then we will once more be combining our Stirling City Race as part of a larger weekend: this year (on 13-15 October) we will be holding it alongside the 'Eurometing' elite races being staged to give national teams and organisers alike a chance to prepare for WOC. Further details on the full programme for those races will be published soon – please keep them free in your calendar for some helping, spectating, and supporting!

As ever, we intend to field teams at all the major relays – we have some titles to defend and some others to capture! And the Compass Sport Cup seems like a trophy that is due a return to FVO-land....this year's final is in November near Bristol (in the Forest of Dean), so please plan to be free to come and run for us, it could be your run that makes all the difference to the outcome!



We will of course also be offering a full programme of training, club activities and a range of local events alongside our night, sprint, and Wednesday evening series! We have a training weekend in

the Lake District in March, and monthly Junior Stars activities scheduled through the first half of the year. We are really keen to make sure we offer suitable opportunities for all club members, so please do tell us if there is something you would like to see that is not currently provided.

Here's to another busy year of enjoyment, improvement, and successes!

*Jon Cross, FVO President, January 2023*

## 2. Treasurers Report

### 2.1. Overview



2022 was a significant year financially for the club, with the Club Development Officer (CDO) now working 2 days per week, members enjoying a full programme of local and national events, and FVO hosting two big weekends of orienteering. The club recorded a small overall surplus of c£1k, with income of c£40k and expenses of c£39k.

A portion of the substantial surplus from the larger events in 2022 has already been reinvested into new Sport Ident kit and supporting the CDO role. It was great to see club members turn out in significant numbers to run in the Compass Sport Cup and relays throughout the year, which has seen the absolute £ FVO subsidy for these competitions increase to c£3.5k, above pre-Covid levels.

The club has been successfully awarded c£2k of grants over 2022, which will go towards supporting the CDO position and supporting coaching courses.

The club's bank balance stands at c£26k as of 31 December 2022. Approximately £14k of this balance is ring fenced as "Deferred Grants" which will be drawn down over the next few years as we fulfil the plans outlined in each grant application. There are "net assets" of c£13k at 31 December 2022 that the club can freely deploy without constraint. Having a solid balance sheet stands the club in good stead for the future.

The main challenge for the club's finances going forward will be to maintain sufficient surplus revenue from events to support the c£10k p.a. CDO role on a long-term basis as the grant funding gradually subsides. In 2022, grants supported around £3.5k of the CDO role, with the remaining c£6.5k covered directly by the club. The club expects grants to cover c£3k of the CDO role in 2023. The club has earmarked c£7k of deferred grants to support the role in 2024 and beyond.

### 2.2. Income

The table below shows the income for the period to 31 December 2022. Commentary follows the table and more detailed notes referenced in the last column are included in the later sub-section "Notes to the Accounts".



Income	2022	2021	Note
	£		
Memberships and Affiliations	1,988	1,695	1
Grants and Sponsorship	4,499	6,349	
Event Income - WEE Series	2,324	2,923	3
Event Income - Night Series	1,729	890	
Event Income - CAT and Newcomers Series	4,161	2,078	
Event Income - Club Only	123	1,390	
Event Income - Sprint Series	1,819	2,169	
Event Income - Larger Events	19,828	3,004	
Scottish Six Days Income	-	-	4
Socials Income	1,457	1,197	5
Sale of Orienteering Clothing to FVO Members	309	2,229	6
Other Income	991	170	6.1
<b>Total Income</b>	<b>39,228</b>	<b>24,094</b>	

The significant increase in income in 2022 compared to 2021 is driven by a combination of general increased club activities as Covid restrictions eased and the hosting of several larger events. In 2022, FVO hosted two major orienteering weekends:

- March 12<sup>th</sup>/13<sup>th</sup> 2022: the Compass Sport Cup qualifier and a middle distance race
- October 15<sup>th</sup> / 16<sup>th</sup> 2022: the Stirling City Race and Compass Sport Cup Final

These weekends were well attended and generated significant income for the club to support our development ambitions. 2022 also saw the first year post Covid where FVO was able to put on a full range events throughout the year. This increased income compared to 2021, where events were not permitted until after March 2021.

Attendance at local events was at a similar level per event in both 2022 to 2021, but the total number of runs was slightly higher in 2022 given the larger number of events.

### 2.3. Expenditure

The table below shows the expenditure for the period to 31 December 2022.

Expenditure	2022	2021	Note
Development Role	10,657	3,600	7
Mapping Costs	2,648	6,874	8
Event Costs - WEE Series	867	1,100	3
Event Costs - Night Series	697	368	
Event Costs - CAT and Newcomers Series	1,806	845	
Event Costs - ClubOnly	178	588	
Event Costs -Sprint Series	953	930	
Event Costs - Major Events	9,086	1,647	
Relays, CSC, Harvester and JS Trophy Costs	3,507	1,213	
Purchase O Tops and Jackets	412	2,709	6
Equipment Costs	3,519	818	10
Trophies and Engraving	40	120	
Socials Cost	1,796	1,023	5
Club Events - AGM, Coaching, Training	419	300	
Athlete Support	543	0	
Lifetime Membership for Members	70	0	
Donations	0	0	
Stationery, Postage, Printing and Bank Charges	137	0	
Subscriptions - Affiliation Fees	120	70	11
Other Expenses	851	0	12
<b>Total Expenditure</b>	<b>38,306</b>	<b>22,205</b>	

Expenses were c£16k higher in 2022 than 2021. The significant increase is due to the development officer now working at the budgeted 2 days / week, larger subsidies for the Compass Sport Cup and relays due to larger events taking place in 2022, and the hosting of larger events by FVO.

Our largest expense going forward will likely continue to be the Development Officer role at c2 days per week. The Development Officer costs in 2022 represent a full year of the role operating at 2 days per week, whereas these costs were lower in 2021 as Kieran started the role in the last third of that year.

The subsidies for the Compass Sport Cup and Relays were around £2.3k higher in 2022 than 2021. Only a handful of relay competitions were held in 2021, whereas the full JK, British, Scottish and Compass Sport Cup rounds were held in 2022. In 2022 the club fully subsidised Compass Sport Cup entries and partially subsidised relay entries. It was fantastic to see so many members out running for their club.

Mapping costs continue to be an important area of spend as the club invests in expanding the suite of mapping into new areas, whilst ensuring the catalogue of maps are well maintained. Where possible grant funding is sought to cover these costs. Budgets are set and reviewed at each Committee meeting when appropriate.

The club took the opportunity to invest in new kit over 2022 including c£2k of SI kit and a new tent.

#### 2.4. Income Less Expenditure

Overall, a net surplus of c£0.9k arose in 2022, compared to a c£1.9k surplus in 2021. We would usually expect a small deficit or surplus to arise in each year. It is pleasing to see the club able to deliver a large programme of challenging and varied activities, with significant fixed costs, on a sound financial basis.

Income Less Expenditure	2022	2021
<b>Total Income</b>	39,228	24,094
<b>Total Expenditure</b>	38,306	22,205
<b>Net Income less Expenditure</b>	<b>922</b>	<b>1,889</b>

## 2.5. Net Assets and Cash Movement

The net assets of the club were £12,917 at 31 December 2022, as shown below:

	£	Note
<b>Current Assets</b>		
Bank Account: Business Current Account	26,479	
FVO Kit Stock	601	6
Printer Paper Stock	612	
Monies due to FVO from Members	1,961	
	<b>29,653</b>	
<b>less Current Liabilities</b>		
Deferred Grants	13,913	
Deferred Income	144	
Membership Fees Paid in Advance	470	
Other Creditors	2,208	
	<b>16,735</b>	
<b>Total Net Assets:</b>	<b>12,917</b>	

The club may appear to have substantial cash reserves, but around half of the funds are ring fenced for specific purposes as outlined in our grant applications.

In addition to the recognised assets and liabilities mentioned above, FVO also has the following non-capitalised assets:

Equipment (SI and Other) – which has been expensed through the Income and Expenditure Account as this equipment was purchased. The SI equipment is expensive to replace (c£12k replacement cost) and is difficult to insure. Other (non-SI) equipment was recently valued at c£15k replacement cost.

## 2.6. Grants

The club has been highly successful at securing grants in recent years and is proactively deploying the funds in accordance with the grant applications. New grants of £2,140 were awarded over the year:

- £1,500 from the Orienteering Foundation to continue supporting the increase in the Development Officer position to 2 days per week (further funding in future years is expected based on satisfactory progress).
- £640 from the Scottish Orienteering Association Development Fund to support Foundation and Level 1 coaching courses.

Many thanks are due to all those grantors who have provided funds and for the many club members in co-ordinating and completing the applications.

The table below shows a detailed breakdown of all outstanding grants at 31 December 2022 and their movements over the year. Grants are recognised as income only when the underlying costs



associated with that grant are expensed. Many of the grants will therefore be recognised gradually in the income of the club over next 1-3 years. This approach avoids large unrepresentative swings of surplus and deficit in the accounts when grants are initially awarded. “Deferred grants” represent grants awarded where the underlying expenses are still to be incurred.

Grantor	Deferred Grant Balance on 1st Jan 2022	Amount Awarded over year	Grant drawn down in year	Used for in 2022	Amount Recognised in Deferred Grants on 31 December 2022	Current Remaining funds likely to be used for:
Callander Community Hydro Fund	1,196	-	290	Callander Mapping (Coilhallen Part 3)	906	Development Officer support for Callander project, permanent
Clackmannanshire Council Development Grant	250	-	-	N/A	250	Mapping - Gartmorn Dam (partial)
Awards for All (National Lottery Community Fund)	5,778	-	1,254	Development Officer Funding, Tulliallan Mapping	4,524	Development Officer funding, Mapping new areas (Gartmorn, Dollar Permanent)
Dunblane Development Trust (Braes of Doune Windfarm)	600	-	-	N/A	600	Orienteering courses in Laigh Hills
Orienteering Foundation	1,500	1,500	1,875	Development Officer Funding	1,125	Development Officer expansion to 2 days per week.
SOA Development Fund	-	640	33	Orienteering Foundation Courses	607	Orienteering Foundation and Level 1 Coaching Courses
N/A - prior balance accumulated under previous Development Officer arrangement from 2016 - 2021.	6,919	-	1,017	Development Officer Funding, Orienteering Foundation Courses	5,902	Development Officer expansion to 2 days per week.
	<b>16,243</b>	<b>2,140</b>	<b>4,469</b>		<b>13,913</b>	



**AWARDS FOR ALL SCOTLAND**



## 2.7. Attestation of FVO Treasurer

I have prepared the accounts for Forth Valley Orienteers at 31 December 2022 in my personal capacity as FVO Treasurer. This document is not considered Technical Actuarial Work and therefore the requirements of any actuarial standards do not apply.

Andy Llewellyn, FVO Treasurer, 8 January 2023

## 2.8. Independent Examiner’s Report to the members of Forth Valley Orienteers

Independent Examiner’s Report to the members of Forth Valley Orienteers I report on the accounts of the club for the year ended 31 December 2022 which are set out in the Treasurer’s Report.

### Respective responsibilities of members and examiner

The members of the club are jointly responsible for the finances of the club, in accordance with clause 8 of the constitution. It is my responsibility to examine the Accounts as required under clause 6 of the constitution and to state whether particular matters have come to my attention.

### Basis of independent examiner’s statement

My examination is carried out in accordance with OSCR guidance on independent examinations. An examination includes a review of the accounting records kept by the club and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the Committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the Accounts.

### Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records and to prepare accounts which accord with the accounting records have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Simon Hunt

Relevant Professional qualification/professional body: ICAEW

Address: Kinbuck Hall, Kinbuck

Date: 16 January 2023

### 2.9. Accounting Policies

The Accounts have been prepared on an accruals basis, so income and costs are included in the Income and Expenditure Account in the year to which they relate.

Unsold kit stock, unused grants, and other balances due to and from external parties, are included as Assets and Liabilities of the Club.

### 2.10. Notes to the Accounts

#### Note 1: Membership

Membership fees are accounted for on an accruals basis (as opposed to cash basis). This has been done approximately using the date of payment of membership to determine whether that membership relates to the current calendar year or the next one. All membership fees received in November and December are assumed to relate to the next calendar year.

Note 2: This has intentionally been left blank

#### Note 3: Event Income

Breakdown of the event income and expenses is shown below. Larger events drove the c£9k increase in event surplus over the year. The smaller events generated a similar surplus in 2022 and 2021.

Events	Income	Expenses					Total Expenses	2022 Net Surplus	2021 Net Surplus
		Map printing	Levies to British Orienteering	Levies to Scottish Orienteering Association	Access Costs	Other			
WEE Series	2,324	279	588	0	0	0	867	1,457	1,823
Night Series	1,729	239	458	0	0	0	697	1,032	522
CATs and Newcomers series	4,161	670	876	0	226	32	1,804	2,357	1,342
Club Only Events	123	45	99	0	0	34	178	(55)	768
Sprint Series	1,819	367	485	0	0	102	953	866	1,239
Major Events (CSC Qualifier and Final Weekends for 2022, + Callander SoSOL)	19,828	1,743	2,003	913	911	3,517	9,086	10,742	1,301
<b>TOTAL</b>	<b>29,984</b>	<b>3,344</b>	<b>4,508</b>	<b>913</b>	<b>1,137</b>	<b>3,684</b>	<b>13,586</b>	<b>16,398</b>	<b>6,996</b>

#### Note 4: Scottish Six Days Income

Historically, a proportion of the income generated from the Scottish Six Days is allocated to the various Scottish orienteering clubs based on the roles that club members fulfil. No Scottish Six days was held in 2022 hence no distribution was received. FVO does not budget for this income as a matter of course.

#### Note 5: Socials

Socials are expected to be broadly cost neutral. A small deficit for the Annual Awards is largely explained by the £150 2021 hall hire cost which was not recognised in the 2021 accounts. A small deficit arose on the Kincaig training weekend due to lower numbers of attendees than budgeted.

Net Costs on Socials	Income	Expenses	Net 2022	2021
Annual Awards	777	961	(184)	(17)
Kincaig Training Weekend	680	834	(154)	191
	1,457	1,796	(339)	174

#### Note 6: Net cost (surplus) on Sale of FVO Clothing

The Club sells purchased stock to members at around a 15% discount. The cost of the club subsidy is recognised as soon as the kit has been purchased and placed into the FVO kit stock. Subsequent sales of remaining items from the FVO kit stock to FVO members in later years should therefore generally result in no material net cost to FVO, until a new order is placed with the supplier. In 2022, there was a small deficit of £103 based on the year end stock take. We will look to improve the approach for recording FVO clothing sales going forward.

Sale of FVO Clothing	Income	Expenses	Net 2022	2021
Sale of FVO branded O tops and jackets	309	0	309	2,229
Cost of FVO tops sold (valued at full pur	0	412	(412)	(2,709)
	309	412	(103)	(480)

#### Note 7: Development Officer

Kieran Watts held the position of Club Development Officer (CDO) in 2022 and worked on a self-employed basis around 2 days per week.

In 2021, the club received c£7k that was held by SOA in relation to the historical operation of the CDO position from 2015 – 2020. FVO had paid a fixed amount to cover the salary, expenses, pension amounts for the CDO, plus an administration charge. This fixed sum was approximate and slightly prudent which led to a surplus balance at SOA, which has now been returned to FVO, where it will be deployed for development purposes.

#### Note 8: Mapping Costs

Table below shows a breakdown of the c£3k mapping spend. Around a third of total expenditure was matched with grants during the year.

Mapping Costs	Cost	Grants Received in 2022	Grantor
Tulliallen	588	588	Awards for All (National Lottery)
Bridge of Allan Sprint Map (New map)	400	0	
Coilhallen Part 3	290	290	Callander Community Hydro Fund
Trossachs West (New map)	150	0	
Updates to Existing Maps (Colzium, Polmaise, Barr Wood, Callander Crags, Abbery Craig, Beecraigs)	1,220	0	
	<b>2,648</b>	<b>878</b>	

#### Note 9: Relays, CSC, Harvester and JS Trophy Costs

Significantly higher costs were observed in 2022 than 2021 as the full suite of regular major events happened. The 2022 subsidies are slightly higher £ than pre covid levels – it’s great to see so many people running for the club. In 2022 the club subsidised:

- 100% of Compass Sport Cup Qualifier entries
- 100% of Compass Sport Cup Final entries
- 100% of Jamie Stevenson trophy entries
- 50% of Junior relay entries
- 20% of Adult relay entries

FVO organised both the Compass Sport Cup qualifier and final rounds in 2022. The event entry fees for FVO members and the FVO entry subsidy have been separately recognised in the accounts as income and expenses respectively. This retains consistency with how these costs would be treated in other years when FVO does not host the CSC rounds.

Relays, CSC, Harvester and JS Trophy Costs	Income - from members	Expenses		Net 2022	2021
		Entries	Travel & Accom		
JK, British, British Sprints, and Scottish (entries fully subsidised)	1,705	2,587	0	(882)	(351)
JS Trophy (fully subsidised entries)	0	288	0	(288)	0
CSC (entries fully paid)	0	2,337	0	(2,337)	(863)
	1,705	5,212	0	(3,507)	(1,214)

## Note 10: Equipment Costs

Equipment Costs	2022	2021
SPORTident equipment (incl. maintenance )	2,263	91
IT Equipment	465	89
Kites / Markers etc	0	12
Stakes / Gripples etc	0	0
Zoom Subscription	144	133
Tents	343	0
Condes / SI Results licenses	262	0
Portable Battery Pack	0	400
Other	43	93
	<u>3,519</u>	<u>818</u>

## Note 11: Subscriptions - Affiliation Fees

Subscriptions - Affiliation Fees	2022	2021
British Orienteering Annual Affiliation Fee	70	70
Clubsport Stirling Affiliation Fee	50	0
	<u>120</u>	<u>70</u>

## Note 12: Other Income and Other Expenses

Equipment Costs	2022 Income	2022 Expenses
First Aid Course	65	734
Map Royalties	675	N/A
Permanent Course Income	251	0
Other	0	117
<b>TOTAL</b>	<u>991</u>	<u>851</u>

Masterplan Adventure (MA) is an orienteering club that shares FVO desire to further the development of orienteering in the Central Belt and beyond. Given the geographical spread of the areas mapped by the two clubs, from time to time we expect MA and FVO events to request use of maps that the other club will have copyright on. Over the last couple of years FVO has run a number of smaller events on MA maps and MA has run some larger events (e.g. Christmas Cup) on FVO maps. In 2022 MA and FVO agreed that the following map royalties would be paid bilaterally:

<b>Map Royalty</b>	“Large” events (>£10 Senior entry fee)	“Small” events (≤£10 entry fee)
Senior	£2.00	£1.00
Junior	£1.00	£0.50

These charges are slightly different (and considered more appropriate for frequent use) to the standard charging approach of c£2 / map referred to in the current FVO charging statement online.

From an FVO accounting perspective, payments of map royalties to MA are captured in the event costs of the relevant event, whereas the income of any map royalties from MA to FVO is captured in other income.

## Appendix 1 - FVO team achievements, national selections and championship medals

### 1.1 FVO Team successes

Compass Sport Cup (UK interclub team competition): FVO were 2nd at the competition held (and hosted) by FVO at Tulliallan & Devilla, beaten by the holders South Yorkshire Orienteers (SYO) in a close contest. This was a great team effort, evidenced by FVO having 100 entrants on the start list and scoring a higher team score than recorded by any club at any previous final – unfortunately just not quite as high a score that day as SYO!

#### Scottish Relay :

Mens Open	2 <sup>nd</sup>	(Alasdair McLeod, Andy Llewellyn, Kieran Watts)
Handicap	2 <sup>nd</sup>	(Heather Fellbaum, Jon Cross, Rona Molloy)
Junior Handicap	2 <sup>nd</sup>	(James Hammond, Jamie Goddard, Lucy Hensman)
Junior U44	2 <sup>nd</sup>	(Scarlett Kelly, Rebecca Hammond, Sam Hunt)
	3 <sup>rd</sup>	(Alexander Hunt, Jamie Connor, Matthew Inman)
Junior U36	2 <sup>nd</sup>	(Hannah Inman, Eilidh Connor, Esme Kelly)

#### J.K. Relay:

W165+	1 <sup>st</sup>	(Heather Fellbaum, Rona Molloy, Vicky Thornton)
M120+	1 <sup>st</sup>	(Jason Inman, Roger Goddard, Will Hensman)
Junior Men (U48)	1 <sup>st</sup>	(James Hammond, Sam Hunt, Jamie Goddard)
Mens Elite	2 <sup>nd</sup>	(Chris Smithard, Graham Gristwood, Peter Molloy)
Junior (U40)	2 <sup>nd</sup>	(Eilidh Connor, Matthew Inman, Rebecca Hammond)

#### British Relay:

Mens Elite	1 <sup>st</sup>	(Chris Smithard, Graham Gristwood, Peter Molloy)
M40+	1 <sup>st</sup>	(Roger Goddard, Steve Feltbower, Will Hensman)
M18	1 <sup>st</sup>	(James Hammond, Sam Hunt, Jamie Goddard)

#### British Mixed Sprint Relay:

Elite	1 <sup>st</sup>	(Chris Smithard, Grace Molloy, Kris Jones, Scarlett Kelly)
Junior (U16)	1 <sup>st</sup>	(James Hammond, Rebecca Hammond, Sam Hunt)
Veteran (40+)	2 <sup>nd</sup>	(Roger Goddard, Rachel Kirkland, Jason Inman)

### 1.2 National selections

GB Performance Squad – Kris Jones, Grace Molloy, Chris Smithard

GB Development Squad – Peter Molloy

(all these athletes plus Graham Gristwood represented Great Britain at one or more of the World Championships, European Championship, and World Cup races during 2022. Kris Jones was part of the GB Mixed Sprint Relay team that took the Silver medal at the World Championships)

World University Orienteering Championships – Peter Molloy

Junior World Orienteering Championships – Peter Molloy

European Youth Orienteering Championships - James Hammond

Scottish Junior Orienteering Squad – Jamie Connor, Jamie Goddard, James Hammond, Rebecca Hammond, Katie Hensman, Alexander Hunt, Sam Hunt, Matthew Inman, Esme Kelly, Scarlett Kelly



### 1.3 Individual performance at major events in the UK and national events in Scotland

Top class in each age category (E/A/L)

Event	Gold	Silver	Bronze
<b>JAN KJELLSTROM INTERNATIONAL ORIENTEERING FESTIVAL -</b>	<b>9</b>	<b>6</b>	<b>4</b>
British Long Championships	3	2	3
British Middle Championships	2	2	0
British Sprint Championships	3	3	3
British Night Championships	4	0	1
<b>TOTAL BRITISH CHAMPIONSHIPS</b>	<b>12</b>	<b>7</b>	<b>7</b>
Scottish Championships	8	5	6
Scottish Sprint Championships	7	4	7
Scottish Middle Championships	7	7	1
Scottish Night Championships	6	4	6
<b>TOTAL SCOTTISH CHAMPIONSHIPS</b>	<b>28</b>	<b>20</b>	<b>20</b>
Scottish Orienteering League	13	8	4
Scottish Urban Orienteering League	4	4	2
Scottish Junior Cup	2	4	3
<b>TOTAL SCOTTISH LEAGUES &amp; CUPS</b>	<b>19</b>	<b>14</b>	<b>9</b>
Total no. of club members winning at least one UK Major or Scottish National medal	42		

## Appendix 2: Events, training sessions & activities organised by FVO in 2022

Category	Date	Location	# Attendees	Organiser
CAT	08-Jan-2022	Colzium	62	Steve Scott
Night	12-Jan-2022	Gallamuir	43	Fraser Purves
CAT	16-Jan-2022	Mine Woods	73	Jason Inman
Night	26-Jan-2022	Polmaise	41	Alasdair McLeod
Activity	30-Jan-2022	Callander	50	Nicola Melville
Night	09-Feb-2022	Sheriffmuir	40	John Heaton
Activity	14-Feb-2022	Linlithgow Loch	43	Kieran Watts
Activity	15-Feb-2022	Beecraigs	61	Jen Leonard
Activity	20-Feb-2022	Camp Places Park	16	Vicky Thornton
Night	23-Feb-2022	Bonnyfield	34	Jason Inman
CAT	26-Feb-2022	Coilhallen	42	Nicola Melville
Night	09-Mar-2022	Dumyat	35	Rhys Stanwix
Major	12-Mar-2022	Callendar Crags	368	P: Vicky Thornton O: John Heaton
Regional	13-Mar-2022	Falkirk Wheel	138	P: Steve Scott O: Neil Polwart
Night	23-Mar-2022	Trossachs	28	Andy Llewellyn
Activity	21-Mar-2022	Beecraigs	10	Jen Leonard
CAT	10-Apr-2022	Dumyat	66	Mark Holliday
WEE	13-Apr-2022	Fallin	38	P: Dave Coustick O: Trevor Hoey
WEE	20-Apr-2022	Hermitage Woods	45	P: Trevor Hoey O: Dave Coustick
CAT	24-Apr-2022	Helix and Kelpies	55	Steve Scott
WEE	27-Apr-2022	Polmaise	57	Jon Cross
WEE	04-May-2022	Falkirk Wheel	70	Laura Hindle
CAT	08-May-2022	Beecraigs	78	P: Jen Leonard O: Steve Scott
WEE	18-May-2022	Abbey Craig	70	Jason Inman
CAT	22-May-2022	Braco	38	John Heaton
WEE	25-May-2022	Muiravonside	65	James Hammond
WEE	01-Jun-2022	Colzium	35	Rhys Stanwix
CAT	05-Jun-2022	Callander Town	32	Kieran Watts
WEE	08-Jun-2022	Beecraigs	52	James Hammond
WEE	15-Jun-2022	Duncraggan	39	Sam Hunt
Regional	19/06/22	Moncrieffe Hill	122	Beccy Osborn
WEE	22-Jun-2022	Bantaskine	43	Grace Molloy
WEE	29-Jun-2022	Plean	33	Steve Scott
CAT	24-Jul-2022	Abbotshaugh	25	Steve Scott
CAT	14-Aug-2022	Dollar Bank	49	Dave Godfree
Sprint	17-Aug-2022	Coxet Hill	39	Holly Stodgell
Sprint	24-Aug-2022	Gargunnoch	42	Simon Hunt
Activity	27-Aug-2022	Lairg Hills	15	Kieran Watts
CAT	28-Aug-2022	Muiravonside	38	Neil Polwart
Sprint	31-Aug-2022	Bo'ness	51	Ben Polwart
Regional	04-Sep-2022	Grandtully	134	P: Dave Godfree O: Roger Goddard
Activity	04-Sep-2022	Lairg Hills	11	Kieran Watts
Sprint	07-Sep-2022	Bannockburn	51	Chris Kelly
Activity	11-Sep-2022	Dunblane	19	Kieran Watts
Sprint	14-Sep-2022	Dunblane	65	Cathy Tilbrook
CAT	17-Sep-2022	Doone Ponds	45	P: Kieran Watts

				O: Paul Hammond
<i>Sprint</i>	21-Sep-2022	Hallglen	67	Steve Scott
<i>Sprint</i>	28-Sep-2022	Callander	37	Heather Fellbaum
CAT	02-Oct-2022	Belsyde	80	Chris Smithard
<i>Sprint</i>	05-Oct-2022	Riverside	51	John Heaton
Activity	08-Oct-2022	Kincraig	22	Andy Llewellyn
Major	15-Oct-2022	Bridge of Allan	292	P: Jon Cross O: Marie Clare Shankland
Major	16-Oct-2022	Devilla	682	P: Mark Wood O: Neil Polwart
Night	09-Nov-2022	Colzium	27	Klaas Wynne
CAT	12-Nov-2022	Bantaskine	74	Steve Scott
ClubOnly	19-Nov-2022	Plean	83	Chris Godfree
Night	23-Nov-2022	Gleneagles	39	Brian Bullen
CAT	27-Nov-2022	Bonnyfield	39	Scarlett Kelly
Regional	03-Dec-2022	Callander Crag	74	P: Kieran Watts O: Chris Smithard
Night	07-Dec-2022	Falkirk Wheel	33	Simon Finch
Night	21-Dec-2022	Abbotshaugh	43	Scarlett Kelly

Attendance at FVO smaller events (Local, Night, Sprint, WEE) is up 20% overall on 2021. However, the past two years have seen a radically different pattern of events, with no Sprint or WEE in 2020, and a severely curtailed Night series in 2021. A better side by side comparison would be with 2019, where the rise in attendance to 2022 is 39%.

Individual attendance increases from 2019 were as follows

Local weekend – 58%

Night - 32%

Sprint – 42%

WEE – 33%

Overall, there was a record turnout at small events of 2558 participants in 2022, at an average rate of 57 per event.

Additionally, we put on seven larger events (including two under the SWAT banner which was planned and organised by FVO officials). A further 1810 runs were recorded in larger events.

Planner/Organiser activities were undertaken by 37 club members and one guest planner, as follows

8 events – Steve Scott

6 events – Kieran Watts

4 events – John Heaton

3 events – Jason Inman, Jen Leonard, Neil Polwart

2 events – Jon Cross, Dave Godfree, James Hammond, Scarlett Kelly, Nicola Melville, Chris Smithard, Vicky Thornton, Andy Llewellyn

1 event – Brian Bullen, Dave Coustick, Heather Fellbaum, Simon Finch, Roger Goddard, Chris Godfree, Paul Hammond, Laura Hindle, Trevor Hoey, Mark Holliday, Sam Hunt, Simon Hunt, Chris Kelly, Grace Molloy, Beccy Osborn, Ben Polwart, Fraser Purves, Alasdair McLeod, Marie Clare Shankland, Rhys Stanwix, Holly Stodgell, Cathy Tilbrook, Mark Wood, Klaas Wynne.



## Appendix 3 - Club Officials

### A3.1 Event Officials

Event Official role	Number of club members
Organisers (with Event Safety Workshop training)	89
Grade A Controllers	6
Grade B Controllers	2
Grade C Controllers	5
Coaches - current Licence to Coach	8
Coaches - Licence to Coach (currently expired)	7
First aiders	18

### A3.2 Club roles

#### Elected committee roles:

President - Jon Cross

Secretary - Paul Hammond

Treasurer - Andy Llewellyn

General members - Roger Goddard (until April 2022), John Heaton (from April 2022), Neil Polwart, Steve Scott, Chris Smithard

#### Appointed roles:

Club kit - Paul Hammond

Club trophies - Lindsay Hensman

Electronic equipment Manager - Will Hensman

Equipment Manager - Ben Stansfield

Local weekend events/newcomers coordinator - Chris Smithard

Mapping officer - Graham Gristwood

Map printing – Geoffrey Hensman

Membership secretary - Neil Polwart

Night series event coordinator - Lewis Taylor

Permanent Orienteering Course coordinator - Jason Inman

Permissions - Josie Stansfield

Press officer/Media - Steve Scott

Risk Assessment Officer – Trevor Hoey

Safeguarding officer - Hazel Dean

Social committee – Caroline Clarke, Marianne Eik, Heather Fellbaum, Gillian Godfree, Vicky Thornton

Sprint series event coordinator – Cathy Tilbrook

Team captain - Jon Cross

Webmaster - David Nicol

Wednesday Evening Event (WEE) series coordinator - Steve Scott



## Appendix 4 – Membership Report

### 1. Membership position as at 31st December 2022:

Total membership was 252 (183 adults and 69 juniors) plus 4 second club members.

See Tables 1 and 2 for the breakdown into age categories and comparison with previous years.

(NB This does not include 10 Stirling University Orienteering club members who are automatically second club members of FVO, these club members are however included in the Appendix 5 figures).

### 2. New members joined in 2022

We recruited 27 new\* members into FVO in 2021 (cf 44, 27, 32 & 39 new members in 2021, 2020, 2019 and 2018 respectively).

\* Some of these were returning members who lapsed in previous years.

### 3. SOA/BO members

At the end of 2022, we had 86 members in FVO who are Scottish Orienteering-only members (i.e. not in British Orienteering). (compares with 82, 64, 71 and 42 in 2021, 2020, 2019 and 2018 respectively).

*Neil Polwart, FVO membership secretary, January 2023*

Table 1 - Breakdown of FVO membership December 2022

		Female	Male	Total
V. Young Juniors	M/W10	13	15	28
Younger Juniors	M/W12/14	13	14	27
Older Juniors	M/W16/18	9	5	14
Seniors	M/W20/21/35	22	22	44
Veterans	M/W40+	27	38	65
Supervets	M/W55+	29	14	43
Ultravets	M/W65+	20	11	31
Total		133	119	252



**Table 2 - FVO membership data over past 9 years**

Year	Seniors	Juniors	Total	Second club
2013	83	46	129	6
2014	90	45	135	3
2015	100	48	148	3
2016	122	53	175	3
2017	132	68	200	4
2018	146	70	216	3
2019	151	73	224	2
2020	138	63	201	4
2021	177	73	250	2
2022	183	69	252	4

\*NB 2022 includes 11 Stirling University Orienteering Club members who are also given membership of FVO

**Table 3 – Local Authority Area of current membership**

Local Authority	No of members 2022	No of members 2021	No of members 2020
Stirling	115	117	96
West Lothian	45	50	52
Falkirk	13	13	14
Clackmannan	25	18	12
Perth & Kinross	19	13	8
Fife	7	3	3
Edinburgh	4	4	2
Borders	1	2	2
Dundee	1	2	2
Glasgow	0	0	1
East Dunbartonshire	3	10	1
South Lanarkshire	1	2	0
North Lanarkshire	1	1	0
Outside Scotland	17	15	8
<b>TOTAL</b>	<b>252</b>	<b>250</b>	<b>201</b>





## Appendix 5 – FVO Strategic Plan: progress report

FVO Vision: FVO is a top quality orienteering club which warmly welcomes and caters for all ages and abilities

