

Minewoods Final Details - Wednesday 16th April 2025

Car Parking

Closest available parking to the start is on Blairforkie Drive:

<https://maps.app.goo.gl/VgvFxAkupGVgoKHc7>

It's then just a 200-300m walk to the start on Sunnylaw Road (**which is currently closed to cars**).

Registration, Start and Finish Location

On Sunnylaw Road, close to the junction with Ferniebank Brae:

<https://maps.app.goo.gl/5Am7StoTDPZQZbFr8>

Timings

Start times: 17:30-19:00

Courses close: 20:00

Course lengths

Yellow	1.6km	60 m ascent
Orange	2km	85m ascent
Short Green	3km	160m ascent
Green	4.4km	230m ascent

Map Notes

Map scale: 1:5000 / Contour interval: 5m

The worst of the 2025 windblow has been added (thanks to Graham Gristwood). Mine Woods also features a large number of faint footpaths which have been mapped as accurately as possible, but should always be taken with a pinch of salt. The golf course in the centre of the map, and the area above the quarry at the western end of the map, have been marked as out of bounds.

Terrain

Lots of runnable woodland, but almost all of it on a slope. Some of that slope is very steep, and can be very slippery in wet conditions. There are also numerous crags to watch out for on the map.

Toilets

None in the immediate vicinity. Plan appropriately.

Safety

Everyone must download at the finish, whether or not you have completed the course.

Mine Woods is a very well used woodland, so please take care of other members of the public using the area for dog walking, bike riding etc. A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety.

If you have pre-existing health issues that you feel the organiser should know about, please print off the Medical Form on the FVO website, fully complete it, and leave at Registration in a sealed envelope. You are welcome to collect it after your run but if you don't, it will be destroyed unopened immediately after the event.

Planner/Organiser

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