FVO Night Event – Fallin, 29th October 2025

Final Details

Venue

The area is a small hill (Fallin Bing - an ex mining spoil heap) and woodland around a central open area (Wester Moss), at Fallin, near Stirling. what3words ///thickened.labs.formed Ordnance Survey – NS 838 914

Parking

There is limited parking available beside the community entrance to Fallin Bing and on street parking available in Fallin. Please park considerately.

Toilets

There are no public toilets available, so please plan accordingly. The nearest available toilets are in supermarkets at Springkerse, Stirling.

Start/Finish

The Start and Finish will be in close proximity to the main entrance to Fallin Bing; accessed between the Mining Museum and Auto Centre.

The start is a mass start at 18:30, following a safety briefing at 18.25. If anyone prefers a punching start after the mass start, then this can be accommodated. Entries are via the FVO web site.

SPORTIdent will be used and touch free punching will be activated. You will not have to punch a start box unless you have elected to have a punching start, but you will need to manually dib the finish box.

The courses close at 20:00. All participants MUST report to the finish by that time and please make sure you download.

Terrain

The terrain is essentially in two parts: Firstly the Bing, which is a part rough open, part wooded, small hill with a number of paths on it. All courses will be using the Bing. It is popular with dog walkers, so please be courteous, although there may not be many out after dark.

Secondly there is Wester Moss, which is a large open bog area that is not used and is strictly out of bounds as it is a SSSI. The open is surrounded by a fairly flat and relatively indistinct (especially at night) strip of fairly runnable woodland, which is used by both the long and short courses.

To avoid finding the controls in the Wester Moss woodland in the dark relying too much on the element of luck, they have been positioned so that they can be

navigated to in the dark without the need for long bearings to the control, however, as the forest is fairly runnable, a direct approach may well be faster, but at higher risk – the choice is yours! Please also note that the long and short courses do not have all the same controls.

A final point about the woodland strip is that the summer bracken has not yet fully died back, meaning that there is still a fair amount of undergrowth around and the more open the woodland, the more the bracken. This has obscured a lot of the ground features, such as small ditches and depressions, so please beware if using them for navigation. The control sites avoid having to rely on many of these features.

There are some brambles around the area as well, so please take care. The courses have been planned to avoid them as much as possible.

Map

1:5,000, 2.5m contour interval, mapped by Graham Gristwood in 2015, with recent updates by Joe Hudd. No loose control descriptions will be available, these will be printed on the map.

Courses

Long – 4.6km, 75m climb. TD4/5 Short - 3.5km, 55m climb. TD4/5 Novice – 1.8km, 20m climb. TD3

The Long and Short courses are both gaffled and have a map flip. Please ensure you check where the next control is.

Safety

Headlamp, spare torch and whistle are compulsory. You may be asked to carry a waterproof jacket on the night, depending on the weather.

Whilst a risk assessment has been carried out by the organiser, participants take part at their own risk and are responsible for their own safety during the event.

Any participants with relevant pre-existing medical conditions which might affect their participation have the option of downloading, completing and handing this Medical Form to the Organiser (via Registration) so that existing medical conditions are known about in the event of an incident. Please put in a sealed envelope with your name on it. It will only be opened if required and will be destroyed unread if you don't collect before the end of the event.

Note that U16s are very welcome but must be accompanied (individually or in groups) by an adult willing to take responsibility, unless exempt.

The organiser is first-aid trained and a basic first aid kit will be available at the start/finish. The nearest hospital is Forth Valley Royal Hospital, Stirling Rd, Larbert FK5 4WR.

Competitors are reminded that they take part at their own risk and are responsible for their own safety.

Contact

Please contact Rhys Stanwix (<u>rhys.stanwix@hotmail.com</u> or 07767 852697), if you have any questions.

I hope you all enjoy your evening's orienteering.

Rhys