

# FVO Night Event – Abbotshaugh – Final Details

Wednesday 19<sup>th</sup> November

## Venue

Abbotshaugh, Haugh Street, Falkirk FK2 7QT (NS889822)

## Directions / Parking

There is a small car park signed 'community woodland' coming off of Haugh street but when that is full, please park on the nearby streets considerately.

Small car park: <https://maps.app.goo.gl/RmULGXJ8wpK3HgXS7>

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## Timings

Please arrive in time for registration / pre-event briefing / roll call / si clear and check by 6.20pm. There will then be a single mass start at 6.30pm. Competitors not wishing to participate in the mass start or arrive late, may have a punching start shortly afterwards. Courses close at 8pm. Download will be at the Finish.

## Toilets

There are no public toilets at the car park, please plan accordingly.

## Courses

Course			No. of Controls
Long	4.6km	45m	16
Short	3.3km	25m	13
Novice	2km	20m	7

Control descriptions are on the map.

Map Scale: 1: 7500

## Terrain/Planners Notes

Please be courteous to any other users of the area you encounter as there may be a few around.

Mixed woodland, mostly pretty runnable, some quite rough open areas, lots of nettles, the worst of which are shown with a green screen. Older windblow is well mapped, although there are a couple of more recent unmarked windblown areas. The courses have been shortened to avoid a couple of places where flooding from recent heavy rain had impacted control sites and optimal routes. The courses have been planned to avoid uncrossable marshes, don't be tempted to try and cross them!

As a result of the rain the ditches are full and we haven't tested how deep so be wary about stepping in them and for all straight-line routes going across these ditches, there will be possible routes around them as well.

On the western half of the map the terrain underneath the mapped powerlines has all been cleared to rough open instead of the mapped white forest which has NOT been updated on to the map so it will look different to what you will expect.

## First Aid

Event officials are first aid trained and a basic first aid kit will be available at Registration. The nearest hospital is Forth Valley Royal Hospital, Stirling Rd, Larbert FK5 4WR

**Competitors are reminded that they take part at their own risk and are responsible for their own safety**

### **Results**

Results will be posted on the FVO website as soon as practicable after the event.

### **Contacts**

Organiser / Planner: Alexander Hunt - 07395 033754

(Simon Hunt (responsible adult) – 07864 585527)