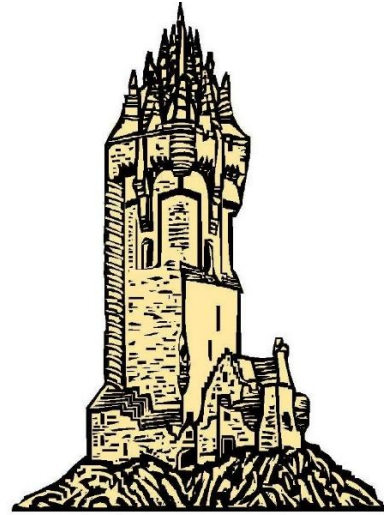




**Forth Valley
Orienteers**

www.fvo.org.uk

FVO Local Event

Gartmorn Dam Country Park

Saturday 18 July 2026

FINAL DETAILS

Directions/Car Parking

Car parking is just before the entrance to Gartmorn Dam Country Park, at Deerpark Primary School, FK10 3PB

Please do not try to drive beyond the school into the Country Park itself, use the orienteering event car park.

Google link: <https://maps.app.goo.gl/GvywLJCsbDrDtVUZ8>

What3Words: <https://what3words.com/////exist.dislodge.fairy>

Registration/assembly

Gartmorn Dam Country Park itself is c750m walk east from the car park, along a single access road. Please use the footpath beside the road, not the road itself

This event is part of the 'Gartmorn Dam Fun Day' which will be offering various activities based from the Country Park car park. There may be a minibus shuttle between the Primary School and the Country Park. If this is the case, orienteers are welcome to use it if required.

The event registration tent is at the BBQ area, at
<https://maps.app.goo.gl/ye5fV/GAG34tqetqJ7>

All participants should report to the event registration tent. Late registration will be possible whilst map supplies remain.



Start

There are two starts – one for the Green and Blue courses, and one for all other courses.

The start for Green and Blue is 400m from the registration tent.

The start for all other courses is 150m from the registration tent.

Orienteering is a time trial, so on each course the different participants start on a different minute. This will be arranged at event registration.

Start times for all courses are available between 1100hrs and 1300hrs

Finish and course closing time

The finish is the same for all courses and is adjacent to the event registration.

For safety reasons, all participants should report to the finish by the **course closing time of 1430hrs**, whether or not they complete their course. (We do not want to come and search for people who have already gone home!)

Courses

Navigational Difficulty level	Course	Straight line distance	Climb	Terrain
1 out of 5	White	2.2km	50m	all on paths
2 out of 5	Yellow	2.8km	70m	all on paths
3 out of 5	Orange	3.0km	80m	most on paths
4 out of 5	Light Green	3.0km	75m	forest and paths
5 out of 5	Green	3.0km	40m	mostly through forest
5 out of 5	Blue*	6.6km	105m	mostly forest, some thicker forest

*The first part of the Blue course is the same as the Green course. Competitors will have the option to cut their course short and be ranked on the Green course instead.

Map

The map is newly produced by Yotam Bertrand in 2026 and is at a scale of 1:10,000 for Green and Blue courses, and 1:7500 for all other courses. All maps have a 5m contour interval.

There is a legend of map symbols for orienteering maps on the 1:7500 maps **only**.

The maps have a thick purple line overprinted onto fences that are forbidden to cross. Please note that the fence symbol may be difficult to see beneath this purple overprint. Where crossing points exist in these fences, the purple line is broken and the fence has a gate symbol.

Areas that are out of bounds to competitors (eg farm fields) are marked on the map with purple hashing.

Control descriptions

There will be no loose control descriptions available, these will be printed on the map and are available on the FVO website.

Toilets

There are toilets in the café ("Dam Good Coffee") adjacent to the Country Park car parking. The café owners have kindly agreed to allow orienteers and other Fun Day participants use these, in the anticipation that lots of attendees will also be customers of the café. So please do visit the café if possible!

Timing System

SPORTident will be used (on the day hire available if necessary). Touch free punching will be activated but the start and finish controls require to be punched.

Safety

(Parents/guardians of juniors please note point 1 and if necessary accompany your child to their start)

1. Please note that the registration/assembly area is adjacent to part of the car park for the country park, which may have slow moving traffic. This has to be crossed on the way to all starts. Please take care before and after your courses.
2. Participants on the Green and Blue courses may also cross a car park and/or access road, and again may encounter slow moving traffic. Please take care!
3. Please take care of other members of the public using the area for dog walking, bike riding etc.
4. A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.
5. You have the option of downloading, completing, and handing this [Medical Form](#) to the Organiser (via Registration) so that existing medical conditions are known about in the event of an incident. Please put in a sealed envelope with your name on it. It will only be opened if required and will be destroyed unread if you don't collect before the end of the event.
6. You must report to the finish, whether or not you have completed the course.
7. If you have covid, or covid symptoms, or a recent positive covid test – please do not attend the event.

Contact Details

Please contact Jon Cross (07803 796773 or crossjg@gmail.com) if you have any questions prior to the event or need an emergency contact on the day. Enjoy your day's orienteering!