

Bo'ness								
Long			2.6 km			70m		
▷								
1	181		↗				⏏	
2	198		⊗				◯	
3	182		⤴				◯	
4	185		⤴				◯	
5	186		⤴				◯	
6	187		Π				Q	
7	184		⤴				◯	
8	199		⊗				Q	
9	189		⤴				◯	
10	190		↗				└	
11	191		⤴				◯	
12	201		↗				└	
13	193		↗				↘	
14	194	↓	⤴				◯	
15	195		⤴				◯	
16	202		⤴				◯	
17	196		↗				↘	
18	188		⤴				◯	
◯ <			55 m			> ◎		
Coures Close 19:30								

Bo'ness								
Short			2.1 km			50m		
▷								
1	204	←	♠			○		
2	198		⌘			○		
3	185		♠			○		
4	183		♠			○		
5	187		Π			Q		
6	199		⌘			Q		
7	200		♠			○		
8	191		♠			○		
9	201		↗			⌈		
10	193		↗			✓		
11	205		♠			○		
12	202		♠			○		
13	196		↗			✓		
14	192		↗			⌈		
15	188		♠			○		
○			55 m			>◎		
Coures Close 19:30								

Bo'ness		
Junior	1.3 km	25m
▷		
1	203	Thicket, North side
2	204	Western Prominent tree, South side
3	198	Thicket, Southwest side
4	182	Prominent tree, West side
5	197	Bridge, Northeast End
6	201	Fence, North End
7	192	Fence, Northeast corner
8	196	Fence, South corner
9	188	Prominent tree, North side
 55 m 		
Coures Close 19:30		