

Summer Sprints 2018
Long Course

Pos	Name	Age Class	Club	Time (Minutes)										Points										No of Events	Total											
				Stirling Riverside	King's Park	Braehead	Stirling University	Linlithgow	Doune	Haliglen	Denny	Grangemouth	Stirling Riverside	King's Park	Braehead	Stirling University	Linlithgow	Doune	Haliglen	Denny	Grangemouth	Max 1	Max 2			Max 3	Max 4	Max 5								
1	Paul Hammond	M40	FVO	19.47	21.36	20.28	25.22													85	94	86	85	0	0	0	0	0	0	94	86	85	85	0	4	350
2	Rupert Parkinson	M50	FVO	22.51	26.51	23.17	27.47													73	76	75	78	0	0	0	0	0	0	78	76	75	73	0	4	302
3	Lewis Taylor	M21	FVO		20.11	17.41	21.44													0	100	100	100	0	0	0	0	0	0	100	100	100	0	0	3	300
4	Mark Wood	M50	ESOC	21.30	27.44	24.45	30.45													77	73	71	70	0	0	0	0	0	0	77	73	71	70	0	4	291
5	Rachel Kirkland	W45	INT	23.47	27.31	27.22	27.22													70	74	64	79	0	0	0	0	0	0	79	74	70	64	0	4	287
6	Simon Finch	M35	FVO	26.36	31.12	31.11	36.13													63	65	56	59	0	0	0	0	0	0	65	63	59	56	0	4	243
7	Gary Longhust	M55	FVO	19.05		25.15	28.37													87	0	69	76	0	0	0	0	0	0	87	76	69	0	0	3	232
8	Neil Kitching	M50	FVO	21.45	24.49	26.18														77	82	67	0	0	0	0	0	0	0	82	77	67	0	0	3	226
9	John Heaton	M40	FVO	21.14	33.57	25.44														78	60	68	0	0	0	0	0	0	0	78	68	60	0	0	3	206
10	Louise Longhurst	W50	FVO	23.46	28.47	29.38														70	71	59	0	0	0	0	0	0	0	71	70	59	0	0	3	200
11	Roger Goddard	M40	FVO	17.45	23.18															94	87	0	0	0	0	0	0	0	0	94	87	0	0	0	2	181
12	Fiona Hendrie	W55	FVO	26.52	32.30	32.50														62	63	54	0	0	0	0	0	0	0	63	62	54	0	0	3	179
13	Jon Cross	M50	FVO		22.08	21.51														0	91	81	0	0	0	0	0	0	0	91	81	0	0	0	2	172
14	Robert Neil	M60	FVO		33.03	30.41	40.01													0	61	57	53	0	0	0	0	0	0	61	57	53	0	0	3	171
14=	Geoffrey Hensman	M70	FVO	28.37	33.15		41.52													58	61	0	52	0	0	0	0	0	0	61	58	52	0	0	3	171
14=	Kirstin Maxwell	W21	RR	20.14	22.49															82	89	0	0	0	0	0	0	0	0	89	82	0	0	0	2	171
17	Grace Molloy	W18	FVO			20.29	25.41													0	0	86	84	0	0	0	0	0	0	86	84	0	0	0	2	170
18	Ted Finch	M65	FVO	29.59	35.51		42.23													56	57	0	51	0	0	0	0	0	0	57	56	51	0	0	3	164
19	Dave Coustick	M70	FVO	27.07	36.56		45.50													61	55	0	47	0	0	0	0	0	0	61	55	47	0	0	3	163
20	Brad Connor	M45	FVO		24.40	22.44														0	82	78	0	0	0	0	0	0	0	82	78	0	0	0	2	160
21	Jamie Goddard	M14	FVO		24.19	23.26														0	83	75	0	0	0	0	0	0	0	83	75	0	0	0	2	158
22	Nicola Melville	W45	FVO	30.32	38.23		47.45													54	53	0	45	0	0	0	0	0	0	54	53	45	0	0	3	152
23	Alastair Kitching	M20	FVO		24.58	29.02														0	82	60	0	0	0	0	0	0	0	82	60	0	0	0	2	142
24=	Heather Thomson	W40	ESOC			26.45	32.46													0	0	66	66	0	0	0	0	0	0	66	66	0	0	0	2	132
24=	Jonathan Molloy	M50	FVO	23.38			34.33													70	0	0	62	0	0	0	0	0	0	70	62	0	0	0	2	132
26=	David Nicol	M60	FVO	27.17		32.29														61	0	54	0	0	0	0	0	0	0	61	54	0	0	0	2	115
26=	Hugo Barker	M55	FVO		36.31	29.15														0	55	60	0	0	0	0	0	0	0	60	55	0	0	0	2	115
28	Helen Barker	W55	FVO	29.44	42.07															56	48	0	0	0	0	0	0	0	0	56	48	0	0	0	2	104
29	Andrew Twigg	M12	FVO	30.13		36.03														55	0	48	0	0	0	0	0	0	0	55	48	0	0	0	2	103
30	Paul Shaw	M21	FVO			35.03	41.01													0	0	50	52	0	0	0	0	0	0	52	50	0	0	0	2	102
31	Peter Molloy	M16	FVO	16.48																100	0	0	0	0	0	0	0	0	0	100	0	0	0	0	1	100
32	Will Hensman	M35	FVO				22.11													0	0	0	97	0	0	0	0	0	0	97	0	0	0	0	1	97
33	David Godfree	M40	FVO				22.51													0	0	0	95	0	0	0	0	0	0	95	0	0	0	0	1	95
34=	Nicola Gardner	W60	FVO	38.43	42.35															43	48	0	0	0	0	0	0	0	48	43	0	0	0	2	91	
34=	Jamie Stevenson	M21	FVO			19.14														0	0	91	0	0	0	0	0	0	0	91	0	0	0	0	1	91
36	Ross McLennan	M40	FVO				24.35													0	0	0	88	0	0	0	0	0	0	88	0	0	0	0	1	88
37	Andrew Llewellyn	M21	FVO				24.56													0	0	0	87	0	0	0	0	0	0	87	0	0	0	0	1	87
38	Martin Quirke	M40	ESOC				26.23													0	0	0	82	0	0	0	0	0	0	82	0	0	0	0	1	82
39=	Pierre Lardet	M16	FVO				27.00													0	0	0	79	0	0	0	0	0	0	79	0	0	0	0	1	79
39=	Simon Randfield	M50	Ind				27.21													0	0	0	79	0	0	0	0	0	0	79	0	0	0	0	1	79
41	James Hammond	M12	FVO	21.22																78	0	0	0	0	0	0	0	0	0	78	0	0	0	0	1	78
42	Thomas Eriksen	M21	STAG			23.06														0	0	76	0	0	0	0	0	0	0	76	0	0	0	0	1	76
43	Laura Cox	W35	BAOC				28.46													0	0	0	75	0	0	0	0	0	0	75	0	0	0	0	1	75
44	Kieran Watts	M20	FVO				29.54													0	0	0	73	0	0	0	0	0	0	73	0	0	0	0	1	73
45	Kevin Holliday	M45	INVOG		28.03															0	72	0	0	0	0	0	0	0	0	72	0	0	0	0	1	72
46	Trevor Hoey	M50	FVO		28.57															0	70	0	0	0	0	0	0	0	0	70	0	0	0	0	1	70
47=	Graham Gristwood	M21	FVO				32.39													0	0	0	66	0	0	0	0	0	0	66	0	0	0	0	1	66
47=	Ruaridh Flint	M16	FVO				26.33													0	0	66	0	0	0	0	0	0	0	66	0	0	0	0	1	66
49	Stanley Flint	M16	FVO				33.40													0	0	0	64	0	0	0	0	0	0	64	0	0	0	0	1	64
50	David Kilburn	M55	FVO	27.30																60	0	0	0	0	0	0	0	0	0	60	0	0	0	0	1	60
51=	Rhys Stanwix	M55	FVO				37.37													0	0	0	57	0	0	0	0	0	0	57	0	0	0	0	1	57
51=	Marie-Clare Shankland	W60	FVO	29.11																57	0	0	0	0	0	0	0	0	0	57	0	0	0	0	1	57
53	Sue Burnes	W60	FVO		39.26															0	51	0	0	0	0	0	0	0	0	51	0	0	0	0	1	51
54	Ben Cox	M35	BAOC				45.53													0	0	0	47	0	0	0	0	0	0	47	0	0	0	0	1	47
55	Kate Kilpatrick	W45	FVO		44.08															0	46	0	0	0	0	0	0	0	0	46	0	0	0	0	1	46
56	Helen Randfield	W50	Ind				51.06																													