

Forth Valley Orienteers  
Summer Sprints 2018  
Long Course

Pos	Name	Age Class	Club	Time (Minutes)										Points										No of Events	Total												
				Stirling Riverside	King's Park	Braehead	Stirling University	Linlithgow	Doune	Denny	Grangemouth	Haliglen	Stirling Riverside	King's Park	Braehead	Stirling University	Linlithgow	Doune	Denny	Grangemouth	Haliglen	Max 1	Max 2			Max 3	Max 4	Max 5									
1	Paul Hammond	M40	FVO	19.47	21.36	20.28	25.22	18.02	22.55												85	94	86	85	91	91	0	0	0	0	94	91	91	86	85	6	447
2	Lewis Taylor	M21	FVO																		0	100	100	100	100	0	0	0	0	0	100	100	100	100	0	4	400
3	Rupert Parkinson	M50	FVO	22.51	26.51	23.17	27.47	21.50	26.55	22.00											73	76	75	78	76	77	77	0	0	78	77	77	76	76	7	384	
4	Gary Longhust	M55	FVO	19.05		25.15	28.37	22.45	29.50												87	0	69	76	73	69	0	0	0	87	76	73	69	69	5	374	
5	Mark Wood	M50	ESOC	21.30	27.44	24.45	30.45	23.18													77	73	71	70	71	0	0	0	0	77	73	71	71	70	5	362	
6	Rachel Kirkland	W45	INT	23.47	27.31	27.22	34.30	23.00	32.44	27.00											70	74	64	63	71	63	63	0	0	74	71	70	64	63	7	342	
7	Louise Longhurst	W50	FVO	23.46	28.47	29.38		25.35	31.20												70	71	59	0	65	66	0	0	0	71	70	65	66	59	5	331	
8	Simon Finch	M35	FVO	26.36	31.12	31.11	36.13		33.05	28.00											63	65	56	59	0	62	61	0	0	65	63	62	61	59	6	310	
9	Brad Connor	M45	FVO		24.40	22.44			19.47	29.49											0	82	78	0	84	0	58	0	0	84	82	78	58	0	4	302	
10	Fiona Hendrie	W55	FVO	26.52	32.30	32.50		26.55	29.00												62	63	54	0	62	0	59	0	0	63	62	62	59	54	5	300	
11	Robert Neil	M60	FVO		33.03	30.41	40.01	29.37	35.15												0	61	57	53	56	58	0	0	0	61	58	57	56	53	5	285	
12	Geoffrey Hensman	M70	FVO	28.37	33.15		41.52	29.33	39.30												58	61	0	52	56	52	0	0	0	61	58	56	52	52	5	279	
13	Ted Finch	M65	FVO	29.59	35.51		42.23	30.32	36.07	33.00											56	57	0	51	54	57	52	0	0	57	57	56	54	52	6	276	
14	Ross McLennan	M40	FVO				24.35	17.31	23.14												0	0	0	88	95	89	0	0	0	95	89	88	0	0	3	272	
15	John Heaton	M40	FVO	21.14	33.57	25.44			22.43												78	60	68	0	0	65	0	0	0	78	68	65	60	0	4	271	
16	Jon Cross	M50	FVO		22.08	21.51		19.07													0	91	81	0	86	0	0	0	0	91	86	81	0	0	3	258	
17	Kirstin Maxwell	W21	RR	20.14	22.49			19.59													82	89	0	0	84	0	0	0	0	89	84	82	0	0	3	255	
18	Nicola Melville	W45	FVO	30.32	38.23		47.45		44.37	40.33											54	53	0	45	0	46	42	0	0	54	53	45	45	42	5	239	
19	Jamie Goddard	M14	FVO		24.19	23.26			24.50												0	83	75	0	0	69	0	0	0	83	75	69	0	0	3	227	
20	Neil Kitching	M50	FVO	21.45	24.49	26.18															77	82	67	0	0	0	0	0	0	82	77	67	0	0	3	226	
21	Rhys Stanwix	M55	FVO				37.37		28.07	20.00											0	0	0	57	0	73	85	0	0	85	73	57	0	0	3	215	
22	Will Hensman	M35	FVO				22.11		20.48												0	0	0	97	0	100	0	0	0	100	97	0	0	0	2	197	
23	Jonathan Molloy	M50	FVO	23.38			34.33	27.00													70	0	0	62	61	0	0	0	0	70	62	61	0	0	3	193	
24	Andrew Twigg	M12	FVO	30.13		36.03			44.35	40.24											55	0	48	0	0	47	42	0	0	55	48	47	42	0	4	192	
25	Jamie Stevenson	M21	FVO			19.14				17.00											0	0	91	0	0	0	100	0	0	100	91	0	0	0	2	191	
26	Roger Goddard	M40	FVO	17.45	23.18																94	87	0	0	0	0	0	0	0	94	87	0	0	0	2	181	
27	Pierre Lardet	M16	FVO				27.00	16.38													0	0	0	79	100	0	0	0	0	100	79	0	0	0	2	179	
28	Andrew Llewellyn	M21	FVO				24.56		23.44												0	0	0	87	0	87	0	0	0	87	87	0	0	0	2	174	
29	David Nicol	M60	FVO	27.17		32.29			36.34												61	0	54	0	0	57	0	0	0	61	57	54	0	0	3	172	
30	Grace Molloy	W18	FVO			20.29	25.41														0	0	86	84	0	0	0	0	0	86	84	0	0	0	2	170	
31	Dave Coustick	M70	FVO	27.07	36.56		45.50														61	55	0	47	0	0	0	0	0	61	55	47	0	0	3	163	
32	Alastair Kitching	M20	FVO		24.58	29.02															0	82	60	0	0	0	0	0	0	82	60	0	0	0	2	142	
33	Stanley Flint	M16	FVO				33.40	22.23													0	0	0	64	74	0	0	0	0	74	64	0	0	0	2	138	
34	Ruaridh Flint	M16	FVO			26.33				24.47											0	0	66	0	0	0	69	0	0	69	66	0	0	0	2	135	
35	Heather Thomson	W40	ESOC			26.45	32.46														0	0	66	66	0	0	0	0	0	66	66	0	0	0	2	132	
36=	Trevor Hoey	M50	FVO		28.57				28.00												0	70	0	0	0	0	61	0	0	70	61	0	0	0	2	131	
36=	Nicola Gardner	W60	FVO	38.43	42.35				42.00												43	48	0	0	0	0	40	0	0	48	43	40	0	0	3	131	
38	Hugo Barker	M55	FVO		36.31	29.15															0	55	60	0	0	0	0	0	0	60	55	0	0	0	2	115	
39	Helen Barker	W55	FVO	29.44	42.07																56	48	0	0	0	0	0	0	0	56	48	0	0	0	2	104	
40	Paul Shaw	M21	FVO			35.03	41.01														0	0	50	52	0	0	0	0	0	52	50	0	0	0	2	102	
41	Peter Molloy	M16	FVO	16.48																	100	0	0	0	0	0	0	0	0	100	0	0	0	0	1	100	
42	David Godfree	M40	FVO				22.51														0	0	0	95	0	0	0	0	0	95	0	0	0	0	1	95	
43	Martin Quirke	M40	ESOC				26.23														0	0	0	82	0	0	0	0	0	82	0	0	0	0	1	82	
44	Simon Randfield	M50	Ind				27.21														0	0	0	79	0	0	0	0	0	79	0	0	0	0	1	79	
45	James Hammond	M12	FVO	21.22																	78	0	0	0	0	0	0	0	0	78	0	0	0	0	1	78	
46	Thomas Eriksen	M21	STAG			23.06															0	0	76	0	0	0	0	0	0	76	0	0	0	0	1	76	
47	Laura Cox	W35	BAOC				28.46														0	0	0	75	0	0	0	0	0	75	0	0	0	0	1	75	
48	Kieran Watts	M20	FVO				29.54														0	0	0	73	0	0	0	0	0	73	0	0	0	0	1	73	
49	Kevin Holliday	M45	INVOG		28.03																0	72	0	0	0	0	0	0	0	72	0	0	0	0	1	72	
50	Neil Anderson	M55	FVO						24.00												0	0	0	0	0	71	0	0	0	71	0	0	0	0	1	71	
51	Graham Gristwood	M21	FVO				32.39														0	0	0	66	0	0	0	0	0	66	0	0	0	0	1	66	
52	David Kilburn	M55	FVO	27.30																	60	0	0	0	0	0	0	0	0	60	0	0	0	0	1	60	
53	Marie-Clare Shankland	W50	FVO	29.11																	57	0	0	0	0	0	0	0	0	57	0	0	0	0	1	57	
54	Laura Cuthbert	W40	Ind					39.57													0	0	0	0	52	0	0	0	0	52	0	0	0	0			

